

Fall 2023



Planned Giving Creates Lasting Legacies **Ensuring Compassionate End-of-Life Care for Generations to Come**

Planned giving has significant importance for Hospice of Orange & Sullivan Counties, playing a pivotal role in securing long-term sustainability and enhancing the organization's capacity to provide compassionate end-of-life care. Centered on providing comfort, dignity, and respect to a a b o individuals with a life-limiting illness and their families, hospice care requires consistent funding to ensure its vital services remain accessible and uninterrupted.

Planned giving involves thoughtful, long-term philanthropic strategies that include bequests, charitable trusts, retirement plan designations, and more. By integrating planned giving into one's philanthropic endeavors, individuals secure their own legacies and create a lasting impact for generations to come.

Hospice of Orange & Sullivan Counties would like to extend a heartfelt thank you for planned gifts received this year from The Estate of Barbara O. Carlsen, The Estate of Sandra Anderson, and the Eleanor G. Bellotto Living Trust. Thank you.

The enduring nature of planned giving enables Hospice to expand its services, enhance the quality of care, and invest in critical resources such as specialized staff training, state-of-the-art equipment, and facility improvements. This ensures that patients receive comprehensive support tailored to their unique needs, fostering an environment of compassion, comfort, dignity, and respect during life's most challenging moments.

Moreover, planned giving provides a way for donors to align their personal values with a worthy cause, establishing a deep connection that transcends their own lifetimes. This emotional engagement can inspire others to do the

same, fostering a culture of giving that extends Hospice's reach and impact.

> In a world where medical costs continue to rise and end-of-life care remains an essential yet often overlooked aspect of healthcare, planned giving offers a way for individuals to make a substantial difference. It empowers them to become integral partners of Hospice's mission, ensuring that compassionate care remains accessible to all in Orange and Sullivan County, regardless of financial constraints, for generations to come.

The importance of planned giving to Hospice of Orange & Sullivan Counties cannot be overstated. It serves as a testament to the enduring commitment of donors, allowing Hospice to thrive, innovate, and continue its invaluable service to patients and families in their times of greatest need. Make a gift at hospiceoforange.com/ donate-now/

Upcoming Dates

October 26 Friends of Hospice Witch Hat Party

November 1 **Hospice of Orange & Sullivan President's Community Breakfast**

December 1 Holiday Tree of Life **Tree Lighting Ceremony**

Mission Statement

To be the leading community resource for providing patients and their families with compassionate physical, emotional, and spiritual end-of-life care, with comfort, dignity, and respect.





(845) 561-6111 www.hospiceoforange.com

Please contact us if you have any questions about Hospice services.



Hospice of Orange & Sullivan Counties attends meetings and events to inform the community about Hospice services.

If you would like a Hospice of Orange & Sullivan Counties representative to attend, or speak at your next community meeting or event, please contact The Advancement Department.

advancement@hospiceoforange.com



Scan to Learn More

Message from the President & CEO



Dear Friends and Supporters,

As I approach the end of my first year as President & CEO, I can't help but reflect on the past year, and how proud I am of our organizational achievements. Our commitment to providing quality, end-of-life care was recognized in 2023 by Strategic Healthcare Programs as a "Superior Performer." Achieving an overall caregiver and family satisfaction score that ranked in the top 20% among all eligible SHP clients. One of only four hospice organizations in New York State, and the only hospice in Hudson Valley. The significance of this recognition is that it comes directly from family and caregivers of patients we have served.

We were again certified as a Level 5 partner, the highest attainable level, of We Honor Veterans, a program of the National Hospice and Palliative Care Organization in collaboration with the Department of Veterans Affairs. This program focuses on respectful inquiry, compassionate listening, and grateful acknowledgment, guiding Veterans and their families toward a peaceful ending.

Our efforts throughout the year have extended beyond clinical excellence, as we have expanded our community presence. Enhanced outreach in Orange and Sullivan Counties has focused on demystifying what Hospice care is, and what it isn't. Hospice care is a specialized concept of care for life-limiting illnesses with a diagnosis of six months or less. It is a fundamental human right, covered by Medicare, Medicaid, and most Commercial Insurance.

Despite a prevailing desire among Americans to die at home, only a fraction do. Hospice is available to support patients and their loved ones at home, in skilled nursing facilities, hospitals, assisted living facilities, and The Kaplan Family Hospice Residence, in Newburgh, NY. We are here to assist you in navigating your choices and to answer any questions you may have.

With respect and gratitude,

Jandra Cassese

Sandra Cassese, RN, MSN, CNS President & CEO

"Extraordinary, loving, professional care was given to us at all times. I could never have done it without their support and guidance. I am forever grateful."

Understanding Advance Directives

It's a Difficult Conversation to Have, Hospice of Orange & Sullivan Counties Can Help



Advance Directives are legal documents that allow individuals to express their healthcare preferences and decisions should they become unable to communicate or make medical decisions for themselves. These documents provide guidance to medical professionals, family members, and caregivers about the individual's wishes regarding medical treatment, and end-of-life care.

There are several types of Advance Directives, each serving a specific purpose. The most used Advance Directives are listed below, however, there are others.

Living Will: This document outlines the types of medical treatments a person wishes to receive or avoid if they are unable to communicate their preferences. It typically addresses issues like life-sustaining treatments, resuscitation, and artificial nutrition.

Durable Power of Attorney for Healthcare (or Health Care Proxy): This appoints a trusted person, often referred to as a healthcare proxy or agent, to make medical decisions on behalf of the individual. The proxy's authority becomes effective when the person is unable to make decisions themselves.

Do-Not-Resuscitate (DNR) Orders: These directives indicate that the person does not wish to be resuscitated if their heart stops or they stop breathing. They are usually discussed with a doctor and documented in medical records.

Medical Orders for Life-Sustaining Treatment (MOLST): This is a medical order signed by a doctor that provides specific instructions for medical treatments in emergency situations. It is typically used for individuals with serious illnesses or nearing end-of-life.

Advance Directives ensure that an individual's wishes are respected and followed when they are unable to communicate. They provide clear guidance to healthcare providers and help alleviate potential family conflicts. To be legally valid, these documents usually require witnesses or notarization, and they may need to adhere to specific state laws.

It's crucial to regularly review and update Advance Directives to ensure they reflect the individual's current preferences. Discussing these preferences with family members, healthcare providers, and the appointed healthcare proxy can help ensure everyone understands and respects the individual's choices regarding their medical care. Forms and information can be found at https://www.health.ny.gov/community/advance_care_planning/ or call Hospice of Orange & Sullivan Counties at (845) 561-6111 or visit us at www.hospiceoforange.com.

"Hospice was such a blessing to our family during my husband's sickness. Can't say enough good things about them."

Mount Saint Mary College Nursing Program

Hospice of Orange & Sullivan Counties works with the administration of the Mount Saint Mary College Nursing Program to train nursing students in community nursing. Hospice of Orange & Sullivan Counties has 4 to 6 nursing students each semester that are mentored by its registered nurses. These students practice their comprehensive nursing assessment skills under the supervision and direction of Hospice's nurses.

Community nursing clinicals for nursing students are a part of the nursing curriculum. Home care and hospice nursing are unique in that the home environment is very different than that of a controlled environment like a nursing home or hospital setting. Hospice's registered nurses work with the nursing students on their hands-on clinical nursing skills and show them how to interact with the patients and their families.

Nursing students also are exposed to the interdisciplinary group process which is composed of nursing staff, social workers, and spiritual care providers. While there is interdisciplinary work between disciplines in most health care settings, hospice is unique in that the disciplines are required to, and need to, work together to ensure that all the needs of the patient and family are met during their end-of-life care. This clinical experience enhances nursing students' education as it exposes them to the environment patients may go home to, when discharged from the hospital or skilled nursing facility. This creates a wellrounded clinical nursing experience for these students.

Hospice of Orange & Sullivan Counties is also part of Mount Saint Mary College's Nursing School Advisory Board. The Advisory Board seeks input from various nurse educators in health care settings to report on the competency of their students and alumni. In addition, they ask for curriculum suggestions from the members of the board to ensure that the nursing students are getting all they need to be effective and well-rounded nurses when they graduate and start their careers. Hospice of Orange & Sullivan Counties is privileged to work with Mount Saint Mary College and looks forward to continuing the relationship as we collectively work to develop new registered nurses.



Mount Saint Mary College Nursing Student Raina Quinones with The Kaplan Family Hospice Residence Nurses Linda Baker, RN and Johanne Montgomery, RN



"I can't express the gratitude in my heart for the care you provided for my mother and for the help you gave to our family as her caregivers. You helped fulfill her wishes to die at home."

Become a Hospice Volunteer



Judy and Debbie Kinney, Mother and Daughter, Long-Time Hospice Volunteers, Retire From Volunteer Work, We Thank Them for Their Many Years of Selfless Service

Being a Hospice Volunteer is an incredibly important and gratifying role that holds a special place in the hearts of those who choose to serve in this capacity. Hospice Volunteers provide invaluable support to individuals and their families during one of life's most challenging journeys.

The importance of Hospice Volunteers cannot be overstated. They offer companionship, emotional support, and a comforting presence to patients facing life-limiting illnesses. Their empathetic listening and willingness to sit with someone in their final moments provide immense comfort and solace. Additionally, volunteers often assist with practical tasks, like running errands, helping with household chores, or providing respite care for family members, relieving some of the burdens that come with caregiving.

To become a Hospice Volunteer please call (845) 561-6111 x214 or email volunteerdept@hospiceoforange.com



The gratification of being a Hospice Volunteer is immeasurable. Knowing that you've made a positive impact on someone's life during their most vulnerable moments is deeply rewarding. It's a chance to create meaningful connections, learn profound life lessons, and develop a greater appreciation for the fragility and beauty of life itself. It's an opportunity to give the gift of compassion and dignity to those who need it most, leaving a legacy of kindness and support. Being a Hospice Volunteer is a testament to the power of human connection and the difference one person can make in another's life.



Hospice Volunteers Provide Information at Community Events

Vet-to-Vet Volunteer Program

We are actively seeking Veteran Volunteers. Our Veteran Volunteer Program allows Veteran patients to be paired with a Veteran Volunteer who can provide unique comradery, bedside reminiscing, and participate in Veteran Recognitions.

To learn more please call (845) 561-6111 or email volunteerdept@hospiceoforange.com

"The Hospice team that helped with my husband's care, made me feel as though I were their only client due to their attention, care, and compassion while I went through this difficult and emotional experience. They guided me every step of the way."

Veteran Initiatives

Hospice of Orange & Sullivan Counties is a Level 5 Community Partner, of We Honor Veterans, a program of the National Hospice and Palliative Care Organization in collaboration with the Department of Veterans Affairs. In September 2023, Hospice of Orange & Sullivan Counties was notified that it was recertified as a Level 5 Community Partner, for its fourth consecutive year.



Veteran Recognitions

As part of its goal to care for and honor Veterans, Hospice of Orange & Sullivan Counties offers Veterans the opportunity through its Veterans Program, to be honored and thanked for their service. Each recognition is tailored to the patient's and family's preference, which may include a pin, a certificate of service, a patriotic blanket (hand-made by a local crafter), a thank you card (made by a child from one of our local communities), and/ or an Honor Salute.



Veteran Richard Gore



Veteran Lewis Marchante



Veteran George Turner



Joan Romanyschyn



Veteran Charles Ladka



American Legion, Orange Blossom Post 1167 Chester, NY

Creating Comradery



In Partnership with 105th Airlift Wing Alumni Association, Hospice Brought Together Vietnam Era Veterans at Stewart Air National Guard Base to Make Vietnam Themed Beaded Keychains, These Keychains, Collected by Vietnam Veterans, Are Distributed Throughout the Community

"Every single person associated with the hospice was so caring, kind, compassionate, and supporting. They all knew their jobs perfectly, explained everything, and were truly angels. We felt very comfortable and cared for every step of the way."

Veteran Initiatives

Welcome Home Vietnam Veterans Day

On March 29, 2023 Hospice of Orange & Sullivan Counties Veterans Committee hosted its 3rd annual Thank You and Memorial Ceremony in observance of National Vietnam War Veterans Day at The Cornwall Yacht Club. This day is an opportunity to recognize and give thanks for all who served during the Vietnam War, including those who were wounded, gave their lives, or went missing. National Vietnam War Veterans Day is the hero's welcome they never received. It underscores the need to heal painful wounds and allows us the occasion to pause and give respect, admiration, and thanks to the patriotic men and women who sacrificed so much in service to their nation.

Thank you to our community partners: 101.5 WPDH • 105th Airlift Wing Alumni Association • John T. Kenney VFW Post 973 • Mental Health Association in Orange County, Inc., Joseph P. Dwyer - Vet2Vet Program • Mid-Hudson News • Nam Knights of America Motorcycle Club • Newburgh Free Academy Air Force JROTC Color Guard • The Cornwall Yacht Club • Times Hudson Valley Media • Vincent Serrano, member of Marine Corps League Greater Newburgh Detachment #249 • WALL Radio • WTBQ AM 1110 FM 93.5 & WGHT AM 1500 FM 98.3



Newburgh Free Academy Air Force JROTC Color Guard



Orange and Sullivan County Veterans and Guests



HOSC Board Member Dave Terwilliger, HOSC President & CEO Sandra Cassese, Orange County Executive Steven Neuhaus



NAM Knights of America Motorcycle Club Members



Storm King Fire Engine Company 2, Ladder 413

Scan to Learn More About Veteran Initiatives



"My family is very, very grateful and thankful for the care my husband was given at The Kaplan Family Hospice Residence."

Veteran Initiatives

Veterans Celebration Breakfast

On June 14, 2023, Hospice of Orange & Sullivan Counties hosted a Veterans Celebration Breakfast, to honor and thank Veterans for their service. Over 200 guests, mostly Veterans, attended the event at Otterkill Country Club.

The 105th Airlift Wing, Stewart Air National Guard Base, Honor Guard, presented the colors and U.S. Army Sergeant Major, MaryKay Messenger, sang the National Anthem. Kim Warner, Director of Social Work and Bereavement, and Hospice of Orange & Sullivan Counties Veterans Committee Chair presented the Hospice of Orange & Sullivan Counties Paul V. Rader, Vet-to-Vet Volunteer Award to Robert M. Burton, retired U.S. Air Force Master Sergeant, in recognition of his dedication and support to fellow Veterans. Guest speaker Alan C. Mack, retired Chief Warrant Officer Five, spoke about his experiences and his book Razor 03: A Night Stalker's Wars. Guests received a commemorative pin from the event and a signed copy of Alan Mack's book.

Thank you to our sponsors: 105th Airlift Wing Alumni Association • AJ Ross Creative Media • Beth-El Post #29 Middletown New York • Catholic War Veterans Post 386 • Design Intervention Studio • Anne and Michael Donovan • Foam and Wash Car Wash • The Grout Family • Assemblywoman Gunther • Mrs. Angelo J. Ingrassia and Maria Ingrassia • Jeff Bank • Lakeland Bank • Vince Mazzie • Mid-Hudson Valley Federal Credit Union • Nam Knights Motorcycle Club of America Orange County Chapter • Patriotic Insurance Group • Verizon Wireless Zone • WTBQ AM 1110 FM 93.5 & WGHT AM 1500 FM 98.3 • YIT Foundation



HOSC Paul V. Rader, Vet-to-Vet Volunteer Award Recipient Robert M. Burton, Retired U.S. Air Force Master Sergeant and His Wife

American Legion Post 214, Warwick, NY Members



Catholic War Veterans Table



Guest Speaker Alan C. Mack with Nam Knights of America Motorcycle Club of Orange County Members

Thriving Families Grief Support Group

Building Resilience



This specialized support group promotes healing by providing an opportunity for children to express their thoughts, verbalize their feelings, and share their experience of grief. The program includes art, music, books, discussions, and videos.

To fully serve the family, the Thriving Families Grief Support Group consists of two sessions, the main children's session, and a separate adult session. During the children's session, children are provided with themed, structured activities on specific topics.

Parents and caretakers are invited to participate in the adult session. This group offers opportunities to discuss the previous day's children's session. It also provides an outlet for adults to process their own grief. Adult group discussions cover a variety of subjects, including the emotional and physical impact that grief and loss have on both children and adults.

Groups run virtually for 60 minutes. It's important that an adult is available to assist children with starting and ending each session.			Children Mondays 6:00pm to 7:00pm	Adults Tuesdays 6:00pm to 7:00pm	
Schedule					
2023 Later Fall Series	2024 Winter Series		2024 Early Spring Series	2024 Late Spring Series	

November 06 / 07 November 20 / 21 December 04 / 05 2024 Winter Series January 08 / 09 January 22 / 23 February 05 / 06 2024 Early Spring Serie February 26 / 27 March 11 / 12 March 25 / 26 2024 Late Spring Series April 15 / 16 April 29 / 30 May 13 / 14

To register please call the Bereavement Counselor at (845) 561-6111 x232



Scan to Learn More About Thriving Families Grief Support Group

Friends of Hospice

Friends of Hospice was established in 2008 to support the Mission of Hospice of Orange & Sullivan Counties by raising awareness of Hospice in the community. Through its friend-raisers and fundraisers, they connect with others and support Hospice families in need. Friends of Hospice financially supports the Thriving Families Grief Support Group. In addition, Friends of Hospice provides items for The Kaplan Family Hospice Residence and helps the organization in other ways however they can.

Spring Luncheon

Friends of Hospice held its Annual Member-Guest Luncheon "Thyme to Eat, Drink, and be Rose-Merry!" on Wednesday, June 7, 2023 at The Powelton Club in Newburgh, NY. The event featured Keynote Speaker, Chef and Author, Stacy Hawkins, "Queen of Lean and Green" who treated guests to stories about her travels around the world in search of rare and exotic flavors.



Guest Speaker Stacey Hawkins and Her Daughter



Recipe for Making A Friend of Hospice



HOSC Board Members, Friends of Hospice Committee Members, and Guests



Friends of Hospice Member Greer Cooper, Spring Luncheon Co-Chairs Barbara Naru and Colleen Fogarty, Friends of Hospice Members Ellen Galligan, Diane Jarkiewicz-Thompson, JoAnn Ryder, Nancy Kane, Karen Taphorn



Friends of Hospice Member Michelle Winchester-Vega, HOSC Board Member Wendy Keller





Friends of Hospice Members Receiving Mum Delivery



The Kaplan Family Hospice Residence Employees Accepting Donated Mums

On Friday, September 9, 2023, Friends of Hospice welcomed the 2023 fall season with the 16th Annual Mum Sale. Special thanks to Lucas Greenhouse for providing the mums, and Greer Cooper for coordinating arrangements. An assortment of bronze, purple, red, white, and yellow mums were distributed throughout the day by committee members at Ethelbert B. Crawford Public Library in Sullivan County and at the Hospice administrative building in Orange County.



Hospice Events

Gala

On April 22,2023, Hospice of Orange & Sullivan Counties hosted its Annual Gala, Honoring Daniel Grady, retired, President and CEO, for his 34 years of dedication and leadership, at West Hills Country Club, in Middletown, NY. This year's Co-Chairs were Janet Sullivan and Hospice of Orange & Sullivan Counties Board Member, Lauren Rowley.

The event is Hospice of Orange & Sullivan Counties largest fundraiser of the year. The Hospice benefit, covered by Medicare, Medicaid, and Commercial Insurance, covers only a portion of what it costs Hospice to operate. Hospice of Orange & Sullivan Counties relies on donations, grants, and the support of the community to help close that gap every year.





Assemblyman Brian Maher, Dan Grady



Retired President & CEO Dan Grady, Current President & CEO Sandra Cassese



Tyler Murtie, Colin Campbell, Dan Grady, HOSC Board Member Tom Sullivan

Golf

On Monday, August 7, 2023, Hospice of Orange & Sullivan Counties held its 16th Annual Golf Classic at The Powelton Club. Over 100 golfers participated. We would like to thank Hospice Golf Classic Chair, Glen L. Heller, Esq. and the entire Golf Committee, as well as all those who supported the event.



Terry Walsh, HOSC Board Member Dave Terwilliger, Brian Colley, Mark Henderson

Save The Date for 17th Annual Golf Classic Monday, August 5, 2024



Tom Sullivan, Sandra Cassese, HOSC Board Member and Golf Committee Chair Glen Heller

2023 Holiday Tree of Life

From mid-November through mid-January Hospice of Orange & Sullivan Counties will once again hold its Annual Holiday Tree of Life.

Contributions are made In Honor or In Memory of a friend or loved one. This special person's name is displayed on a tree at the location of the donor's choice throughout the holiday season. Proceeds directly benefit someone receiving Hospice endof-life care or bereavement services in Orange or Sullivan County. This year there will again be two locations in Orange County and four locations in Sullivan County.

On December 1, 2023, a tree lighting Ceremony will be held at the Galleria at Crystal Run at 7:00pm featuring the Middletown Concert Chorale.



For more information about the 2023 Holiday Tree of Life or to purchase a star, please contact the Advancement Department at (845) 561-6111 or advancement@hospiceoforange.com



Hospice Volunteer, Ginny Urban, Hanging Ornaments at Adams Fairacre Farms



Middletown Concert Chorale Performing at the Galleria at Crystal Run Tree Lighting Ceremony

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1	Hospice care is individualized, end-of-life care. It provides physical, emotional, and spiritual care for both the patient and their family, with compassion, dignity, and respect.
2	Hospice care is a basic human right. It is covered by Medicare, Medicaid, and most Commercial Insurance.
3	Hospice care is available in a variety of settings. Including at-home, skilled nursing facilities, hospitals, assisted living facilities, and The Kaplan Family Hospice Residence in Newburgh, NY.
4	Caregiving can be overwhelming. Hospice helps - from running errands, so caregivers can spend time with loved ones, to spending time with patients, so caregivers can take care of themselves.
5	Hospice benefits more than the patient.

Up to 13 months of bereavement support is available, for free, for family members, including children. This is available for all community members.

Community Involvement

Community Awareness is a priority for Hospice of Orange & Sullivan Counties. It is our goal to partner with local organizations and individuals to spread awareness about our services. It is through the generosity of others that we can continue the work we do. Thank you to those listed here, and countless others, for recognizing the importance of our work.











Job Fairs

Throughout the year Hospice of Orange & Sullivan Counties Human Resources team members host tables at various job fairs throughout Orange and Sullivan Counties. We are always looking for nurses, spiritual care providers, and social workers. If you are interested in a career in Hospice care, please contact us.

Community Information Sessions

Hospice of Orange & Sullivan Counties held free information sessions on July 10, 2023 and July 24, 2023 at the Goshen Library on the importance of Advance Directives. Hospice representatives spoke to the community about the crucial significance of Advance Directives and making your healthcare wishes known in advance.

Orange County Office for the Aging Caregiver Program

Hospice of Orange & Sullivan Counties participated in Orange County's Office for the Aging's 5-Week Spring Wellness Caregiver Program.

Orange County Senior Health and Fitness Day

Hospice Volunteers spent the day at Thomas Bull Memorial Park speaking about Hospice care. Attendees at community events often stop just to say "Thank You" for a positive Hospice experience they have had.

Costume Party to Benefit Hospice of Orange & Sullivan Counties

Rob & Kecia DeGroodt, of RD's Paving, will be hosting their second annual Halloween Benefit at Nu-Cavu in Wallkill, NY on October 28, 2023 at 7:00pm with proceeds going to Hospice of Orange & Sullivan Counties.

Newburgh Brewing Company FUNdraising Friday

On October 13, 2023 as part of their FUNdraising Friday series Newburgh Brewing Company donated a portion of their sales from the day to Hospice of Orange & Sullivan Counties.

"I am so grateful for Hospice and how they were there for us. I couldn't have done it without them. Kind and compassionate. Always returning my calls and coming every time I asked. What a blessing your staff was. Even after my husband passed Hospice still helped."

Hospice of Orange & Sullivan Counties Benefactors

Totals reflect cumulative donations since incorporated in 1988. We regret any omissions; they are unintentional. New Benefactors* Elevated Benefactors**

President's Guild (\$1,000,000+)

Estate of George and Harriet Cornell Kaplan Family Charitable Foundation

Visionary's Guild (\$250,000-\$999,999)

Dyson Foundation Estate of Barbara O. Carlsen * Estate of Dudley F. Corsa Estate of Leonard Pashkow Estate of Robert E. Mulno Living Trust Estate of Sandra Anderson Orange County Office for the Aging ** Mr. and Mrs. Thomas P. Sullivan The William and Elaine Kaplan Family Private Foundation United Way of Dutchess-Orange Region Warwick Savings Foundation

Patron's Guild (\$100,000-\$249,999)

Barton Birks Chevrolet Cadillac Mr. and Mrs. Ronald K. Barton ** Crystal Run Healthcare, LLP Dr. Robert Dinsmore Estate of Stephen Hasbrouck Garnet Health Medical Center Kiewit Companies Foundation New York State Department of Health Orange Coutny Department of Health Mr. and Mrs. Jack Parker Smith, Seaman & Quackenbush Funeral Homes, Inc. Sullivan County Manager's Office

Sullivan County Manager's Office Walden Savings Bank WEL Foundation William F. Hogan Funeral Home

Chairman's Guild (\$50,000-\$99,999)

Bruderhof Communities Drake Loeb, PLLC Estate of Audrey V. Schooley Estate of Elizabeth Parkhurst Estate of Esther M. Grannum Estate of Milton Brenner First Federal Savings of Middletown Mr. and Mrs. Daniel M. Grady** Mr. Oscar B. Greenleaf Mr. and Mrs. Glen L. Heller Ms. Joan P. Kaplan and Mr. Henry Wasmund M & T Charitable Foundation Mrs. Diane Markowitz Mr. and Mrs. Joseph Matta Mr. A. Vincent Mazzie Mobile Life Support Services Montefiore St. Luke's Cornwall Hospital Mrs. Susan Naiork Mr. Stephen Naru and Dr. Barbara Naru New York State Dormitory Authority

Mr. and Mrs. William Nicklin Provident Bank Charitable Foundation TD Bank United Way of Tri-State

Director's Guild (\$25,000-\$49,999)

Alliton's Managed Care Pharmacy Applebee-McPhillips Funeral Home, Inc. Mr. Charles Atanasio Hon. Jeffrey G. Berry Catania, Mahon & Rider, PLLC ** CH Energy Group, Inc. Circle N Advisors, LLC Mr. and Mrs. Daniel Coleman **Construction Contractors Association** of the Hudson Valley Mr. George Cornell Mrs. Beatrice Demers Eastern Alloys, Inc. **Empire State Bank** Estate of Joan M. Mason Estate of Joan Rowley Estate of Marjorie Walker Estate of Wendell W. Wenberg Fabricators and Erectors Association Mr. and Mrs. Duane Freeman Friends of Hospice Orange & Sullivan Counties, Inc. ** Christopher A. Grillo Mr. and Mrs. George Handler **IBM Employee Services** Jeff Bank John Herbert Company Hon. and Mrs. Anthony Kane Mr. and Mrs. John M. Karl, III ** **Kiewit Infrastructure Company** Mrs. Deanne Kimler Lakeland Bank ** Mr. and Mrs. Richard Lesser Mr. and Mrs. Eugene Littman Mary W. Harriman Foundation Mr. and Mrs. William Murphy New Hope Community Foundation, Inc. ** New York State Depratment of Taxation and Finance **Option Care** Orange & Rockland Utilities, Inc. **Orange Bank & Trust Company Orange County Bicycle Club** Ottaway Newspapers, Inc. Peter M. & Edith P. Olympia Charitable Trust Hon. Francis D. and Kathleen Phillips Mr. and Mrs. John F. Rath, III Rieger Homes, Inc. Mr. Richard Rowley and Ms. Marianne Murray

Mr. Gary Schmidt Sol Goldman Charitable Trust Stanley Marks & Co., LLP Summer Set Properties, LLC ** Mrs. Janice Thompson Unidine Corporation United Way of Bergen County United Way of Sullivan County Wireless Zone Gives **

Steward's Guild (\$15,000-\$24,999)

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In Honor and In Memory Of

IN HONOR OF

Contributions received January 1, 2023 through June 30, 2023

Daniel B. Curry Sondra Curry

Ann Daly Marlene Wertheim

Robert Ernst Lewis and Rachelle Klugman

Anthony Esposito Bill and Joyce McNair

Daniel Grady The Rhulen and Loughlin Families Marlene Wertheim

Hospice of Orange & Sullivan Counties – East Team: Michele Montanye, Christine Cimmino, Tara McCartney, Sister Ann Daly Harold Grout

Maria Ingrassia Louis and Jacqueline Ingrassia

Deacon Thomas Liotta The Family of Shirley M. Grout

Annette L. Lyons Rosemarie Bartlett

Past Chairs The William and Elaine Kaplan Family Private Foundation

Catherine Swyka Catherine Huisman

Ruth Swyka Catherine Huisman

David Terwilliger Robert Breur

The Staff of the West Team Carol Rosenberg

IN MEMORY OF

Memorial contributions received January 1, 2023 through June 30, 2023

Antoinette Ailinger Donna Lutrario

Susan Albert Robert Cook

Edward C. Albright Doreen Albright Don Allen Marlene Wertheim

Julie Allen Marlene Wertheim

Teri Amanti Mariellen Lucks Richard Pateman

Joseph Ambrogi Nicole Gujar

Lillian Babcock Ben and Sharon Babcock Nancy Brown Rick Murphy Anne Purdy Todd Purdy

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Mary C. Bennett Colleen Bennett

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Barry Berman Marlene Wertheim

Elizabeth L. Berman Marlene Wertheim

David Bernstein Noel Bernstein

Constance Betts Marian Luis

John Bisbing Eileen Bisbing

Barry Biscottini Anonymous Richard Biscottini

Barry Biscottini (continued)

Marlene Lucas Joseph and Bette O'Connor David and Palma Scholer Vanessa Stark

Betty Jean Borden

Eiko Blas Magie, Robin & David, Augie, Shannon, Manie & Blakelee Charles, and Arlene Newman Fran Sharko Keiko Watanabe

Carolyn Bosch Mary Scholten

Rina Bozzone Robert Bozzone

Mary T. Brady Michael Brady Michael and Stacey Brady

Doris J. Broadnax Mary Johnson

Dorothy Zipperian Brooks

Patrick Hunt Theresa Laraia David and Kathleen Sullivan

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Andrew and Carol Caswell Donald Deans Deborah DeGraw Melanie Gayton

Norman Bullock Ronald and Sandra Hirn

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Ms. Marianne Donovan Peter Eriksen Christine Krahulik Gene McCullough Francis and Kathleen Phillips

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Regina Abadsidis John and Margaret Boyle Maureen Burns Catherine Gaspard John Henry

James J. Burns Lenore Franzese

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Kevin and Debra McDonald John and Betsy McElroy Brenda Moore Gene Stolowski and Kristen Stolowski Loretta Sullivan Felix and Jeanne Versweyveld Patricia Zang-DeClue

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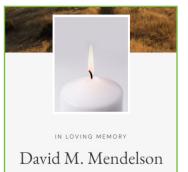
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Remembering Dr. David M. Mendelson

It is with a full heart and great acknowledge sadness we the passing of Dr. David M. Mendelson. Dr. Mendelson was our first Medical Director. He was a true champion of Hospice Care for decades and served Hospice of Orange & Sullivan Counties as an Emeritus Board Member for the past 8 years. He made a difference in the lives of many of his patients and families, and in the community at large over many years. He will always be remembered for his unwavering support to Hospice of Orange & Sullivan Counties. Our thoughts are with Dr. Mendelson's family and friends at this time.

Ways to Support Hospice Proceeds Benefit Patients Receiving End-Of-Life Care



Giving Tuesday

Save the Date: Tuesday, November 28, 2023 Giving Tuesday is a global movement of generosity. It was created in 2012 as a simple idea: a day that encourages people to do good. Since then, it has grown into a global movement.



Tribute Gifts

Tribute Gifts can be made In Honor or In Memory Of a loved one. They can also be used to commemorate a birthday, special occasion, or simply say "thank you". The honoree, a family member, or other designee will receive a letter informing them that a gift was made in their honor/memory.



The Kaplan Family Hospice Residence Tree of Life

The Kaplan Family Hospice Residence Tree of Life is a way to commemorate a loved one. The Tree of Life provides an opportunity to permanently honor or memorialize your loved one by purchasing a gold (\$2,500), silver (\$1,000), or bronze (\$500) leaf. Each leaf is engraved with the donor or loved one's name and added to the tree, located in the lobby of The Kaplan Family Hospice Residence.



Planned Gifts

Donating to Hospice of Orange & Sullivan Counties through Planned Gifts such as charitable gift annuities, pooled income funds, charitable remainder trusts, bequests, endowments, or beneficiary designations, enables donors to make significant contributions that may not have otherwise been possible during their lifetime.



For more information, or to make a donation, contact Maggie Sutter at (845) 561-6111 or email m.sutter@hospiceoforange.com

Bereavement Corner

We have the pleasure of introducing you to our new Lead Bereavement Counselor, please join us in welcoming Katherine (Katy) Maso! Katy joined us in June and is acclimating quickly. Katy is the point of contact for all new intakes into the program. Her responsibilities will include facilitating the Thriving Families Grief Support Group; Adult Grief Support Groups; offering individual counseling in-person and virtually; as well as facilitating bereavement mailings. You will find Katy in the Middletown office Tuesdays through Thursdays, and in the Newburgh office Mondays and Fridays.



Katherine (Katy) Maso, Bereavement Counselor

"AS YOU GROW OLDER, YOU WILL DISCOVER THAT YOU HAVE TWO HANDS, ONE FOR HELPING YOURSELF, THE OTHER FOR HELPING OTHERS."

- MAYA ANGELOU

To register call Bereavement Counselor at (845) 561-6111 x232 or email bereavementcare@hospiceoforange.com

Grieving Through the Winter

13 Sessions Mondays 11:00am – 12:30pm November 6, 2023 to February 12, 2024 In-Person, Middletown Location



Scan to Learn More About Bereavement Services We are very excited that June also brought us the opportunity to offer in-person, individual, counseling again. This has also provided us the opportunity to add Henry Fersko-Weiss to our team, he will be providing additional grief counseling for those in need. Individual, in-person, sessions are offered in both the Newburgh and Middletown offices.

> The Bereavement Care Program cannot succeed without our highly valued Bereavement Volunteers!!

> We have the pleasure of welcoming 3 new Bereavement Volunteers to our team. These individuals are dedicated to assisting the program with phone calls, data entry, mailings, and informational videos. The volunteers meet monthly for team building and continuing education.

> We welcome all who would like to become part of the team.

Bereavement Corner (continued)

A Blessing For The Life You Didn't Choose

"Blessed are you when the shock subsides, when vaguely, you see a line appear that divides before and after.

"You didn't draw it, and you can barely even make it out. But as surely as minutes add up to hours and days,here you are, forced into a story you never would have written.

"Blessed are you in the tender place of wonder and dread, wondering how to be whole when dreams have disappeared and part of you with them, where mastery, control, determination, bootstrapping, and grit, are consigned to the realm of before (where most of the world lives), in the fever dream that promises infinite choices, unlimited progress, best life now.

"Blessed are we in the after, loudly shouting: is there anybody here? We hear the echo, the shuffle of feet, the murmur of others asking the same question, together in the knowledge that we are far beyond what we know.

"Show us a glimmer of possibility in this new constraint, that small truths will be given back to us. We are held. We are safe. We are loved. We are loved. We are loved.



"And best of all: We are not alone."

– Kate Bowler

Normalizing Guilt Through the Journey of Grief

Grief is known to bring up many different emotions, but did you know that feelings of guilt may arise as well? Feelings of guilt during grief may occur for many different reasons...

Guilt may come from experiencing feelings of relief. Maybe your loved one's illness was causing them a lot of pain and suffering, or a family member was extremely burned out after being the primary caregiver for a long period of time?

Guilt may occur from feelings of regret for something one did or did not get to say.

Sometimes people may feel guilty because they are the ones who lived. This type of guilt is often known as "Survivor's Guilt".

Guilt can also accompany happiness. People may feel like they are betraying their loved one, out of the belief that they should be sad all the time.

Sometimes the brain likes to play tricks on us, which may lead to thoughts that can make us think/feel the death of our loved one was somehow our fault or that you didn't do enough.

Guilt from feelings of "moving on", like feeling guilty during moments of joy, the same response may happen when we notice that maybe our grief isn't as intense as it once was or maybe we are starting to develop new meaning in our lives.

Pre-disposition to feelings of guilt. Sometimes people's personality may make it that they are more likely take on feelings of guilt/responsibility. This may increase in intensity during a person's grief response.

and a



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Superior Performer



In 2023, Hospice of Orange & Sullivan Counties was recognized by Strategic Healthcare Programs (SHP) as a "Superior Performer" for achieving an overall caregiver and family satisfaction score that ranked in the top 20% of all eligible SHP clients for the 2022 calendar year. The annual SHPBest[™] award program was created to acknowledge hospice providers that consistently provide high quality service

to families and caregivers of patients receiving hospice care.

Hospice of Orange & Sullivan Counties was one of only four hospice organizations in New York State to receive this award and the only hospice organization in the Hudson Valley. The significance of this recognition is that it comes directly from family and caregivers of patients served.

> For more information contact us at (845) 561-6111 or email info@hospiceoforange.com



