



# CAMP CHRYSalIS

*Growing Through Grief*

**August 23, 24 & 25, 2019**

**Camp Chrysalis is for children ages 5 to 17 who are grieving the death of a loved one that has occurred within the last two years.**

**Camp is held at the YMCA of Sullivan County in Rock Hill, New York.**

A FREE day-camp full of healing activities for children & youth experiencing grief. Through play, art, music, discussion, and activities, this camp provides a safe atmosphere of acceptance, understanding, and grief education. Trained Hospice Social Workers, Hospice Bereavement Volunteers and YMCA staff will guide children & youth through their grief responses and facilitate effective coping skills. A separate adult support session will be offered on the last day, Sunday.

*Grief is experienced by children in unique ways. Regardless of whether the loved one was a relative, a friend, or neighbor; OR if the death was expected, unexpected, or traumatic - this opportunity is for all!!*

**For more information call Sharon Pluskalowski x 232**

**Enrollment is limited. Deadline for application is August 9, 2019. Call today!**

Camp Chrysalis is a partnership between



YMCA OF SULLIVAN COUNTY