



November 2015

THE HOTLINE

Vol. 1 No 4

THE PRESIDENT'S CORNER



Coming up.....

November 30: Decorate the Residence

December 4: Hospice Tree Lighting

Ongoing: White Sale

Dear Fellow Hospice Auxiliary Member,

November is designated as National Hospice and Palliative Care month. It is appropriate then, that the Hospice Auxiliary sends out its Annual Membership Renewal Forms. By now you should have received yours in the mail.

I would ask all members to return your renewal forms promptly. Just as important as renewing your membership is letting the Board know where you might like to help us with various projects that take place throughout the course of the year. A list of these activities are listed on the back page of the membership form.

In the past, some members have expressed their disappointment about not being contacted even though they have indicated areas of interest to them. It is the goal of the current Hospice Auxiliary Board to utilize the talents of our members.

If you have not mailed in your renewal form yet I would encourage you to look page 2 of the form and see what project(s) you might be interested in joining. If you have already sent in your form but did not indicate any area of interest, it is never too late to do so. You can contact our Membership chair, Ellen Galligan at ellenbgalligan@yahoo.com

Or you can contact the Hospice Auxiliary at <http://hospiceoforange.com/auxiliary>

Best wishes for a Happy Thanksgiving!

Sue



Holiday Decorating the Kaplan Residence

What has become an annual tradition for the Hospice Auxiliary will take place on Monday, November 30. In addition to the beautiful lobby tree which was enjoyed last year, there will be a new Hanukah display for the children who visit. Lifting the spirits of residents and visitors alike is an integral part of the mission of the Auxiliary.

The White Sale

Wondering how you can help Hospice? There are many patients who receive Hospice care at home. Many patients are in need of bed sheets and mattress pads. The Auxiliary provides these supplies throughout the year. Any donation, no matter how small, will make a huge difference to the comfort of these patients and peace of mind to their care givers.

Please send your donation to The White Sale c/o the Hospice Auxiliary today.

The Happiness Bank

The 92-year-old, petite, well-poised and proud lady, who is fully dressed each morning by eight o'clock, with her hair fashionably coifed and makeup perfectly applied, even though she is legally blind, moved to a nursing home today.

Her husband of 70 years recently passed away, making the move necessary. After many hours of waiting patiently in the lobby of the nursing home, she smiled sweetly when told her room was ready.

As she maneuvered her walker to the elevator, I provided a visual description of her tiny room, including the eyelet sheets that had been hung on her window.

"I love it," she stated with the enthusiasm of an eight-year-old having just been presented with a new puppy.

"Mrs. Jones, you haven't seen the room; just wait."

"That doesn't have anything to do with it," she replied. "Happiness is something you decide on ahead of time. Whether I like my room or not doesn't depend on how the furniture is arranged.. it's how I arrange my mind.

I already decided to love it. It's a decision I make every morning when I wake up. I have a choice; I can spend the day in bed recounting the difficulty I have with the parts of my body that no longer work, or get out of bed and be thankful for the ones that do.

Each day is a gift, and as long as my eyes open I'll focus on the new day and all the happy memories I've stored away just for this time in my life.

Old age is like a bank account: you withdraw from what you've put in

So, my advice to you would be to deposit a lot of happiness in the bank

account of memories.

Thank you for your part in filling my Memory bank. I am still depositing."

Remember the five simple rules to be happy:

1. Free your heart from hatred.
- 2 Free your mind from worries.
3. Live simply.
4. Give more.
- 5 Expect less

This story came to me from a friend and it seems to be very appropriate for this season of thanksgiving. Feel free to pass it along!

~ Colleen

Copyright © 2015 Hospice Auxiliary of O&S, All rights reserved.

Our mailing address is:

Our mailing address is:
800 Stony Brook Drive
Newburgh, NY 12550

Our telephone:
845 561 6143

Colleen's email: jcmfogarty@aol.com

Forward this email to a friend:

[unsubscribe from this list](#) [update subscription preferences](#)